**Supplementary Materials**

**Table S1****:** Overview of ACE intervention activities

|  |  |  |
| --- | --- | --- |
| Day 1 | AM | * Introduction to ACE (ACT + GEP) theory * Group Rules/Norms * How to get most out of it? |
| PM | * Present Moment I   + Leaves-on-a-stream * Compassion, Defusion, Social Justice & Equity   + Paired Singing   + Stigma Rules and Stories |
| Day 2 | AM | * Acceptance, Social Justice & Equity   + Chair Sculpture of Suffering   + Exclusion Circle |
| PM | * Self-as-context, Interdependence   + Le’go Exercise   + 3 things you did today * Present Moment II, Interdependence, Compassion   + Loving Kindness |
| Day 3 | AM | * Values, Interdependence   + Cultural and Personal Values Exercise   + Your Legacy |
| PM | * Committed Action, Collective Empowerment   + Bulls Eye   + Bus Driver   + Collective Bulls Eye & Committed Group Action Project |
| Day 4 | AM | * Reflections& Feedback * Identifying Learning Needs |
| PM | * ACE Model Review and Facilitation Skills * Group Facilitation Skills * Facilitating and leading ACE and Experiential Exercises * Small Group Practice |
| Day 5 | AM | * Handling Challenges in Group Facilitation * Mock Group Practice: Paired Singing, Chair Sculpture |
| PM | * Mock Group Practice: Exclusion Circle, Bus Driver * Collaboration: building a functional mental health network * Next Steps * ACE Goodbye |

**Table S2:** Comparison of completed versus attritional personnel

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Demographics or Measures | Category | Completed  (n=120) | Attritional  (n=4) | χ2 or *Z* | *p* |
| Sex | Female | 109 | 2 | 2.508 | 0.113 |
|  | Male | 15 | 2 |  |  |
| education | Bachelor’ | 1 | 0 | 0.612 | 0.736 |
|  | Master’ | 104 | 4 |  |  |
|  | PhD (doctor candidate) | 15 | 0 |  |  |
| occupation | ideological and Political Counsellor | 90 | 4 | 1.319 | 0.735 |
|  | academic Faculty | 15 | 0 |  |  |
|  | student Affairs Staff | 11 | 0 |  |  |
|  | psychology teachers/counsellors | 4 | 0 |  |  |
| Age | / | 32.19±6.25 | 30.75±4.11 | -0.457 | 0.648 |
| length of service | / | 6.78±6.430 | 5.75±4.573 | -0.318 | 0.751 |
| Authoritarianism | / | 25.68±3.47 | 23.75±3.60 | -1.009 | 0.313 |
| Benevolence | / | 37.03±3.57 | 38.75±6.34 | -0.739 | 0.460 |
| Social restriction | / | 24.95±4.25 | 20.75±4.65 | -1.796 | 0.072 |
| Community MH consciousness | / | 36.85±4.13 | 38.5±5.00 | -0.894 | 0.371 |
| Depression | / | 2.90±3.93 | 5.00±6.00 | -0.507 | 0.612 |
| Anxiety | / | 3.77±3.60 | 4.00±3.65 | -0.246 | 0.806 |
| Pressure | / | 6.83±6.74 | 9.00±7.39 | -0.703 | 0.482 |