**Supplementary Materrials**

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|  | 1 | During the last 12 months, have you had a period lasting several days when you felt sad, empty or depressed? |
| Set A | 2 | During the last 12 months, have you had a period lasting several days when you lost interest in most things you usually enjoy such as personal relationships, work or hobbies/recreation? |
|  | 3 | During the last 12 months, have you had a period lasting several days when you have been feeling your energy decreased or that you are tired all the time? |
|  |  | If any of the above three questions are yes then following set of questions were asked |
|  | 4 | Was this period [of sadness/loss of interest/low energy] for more than 2 weeks? |
|  | 5 | Was this period [of sadness/loss of interest/low energy] most of the day, nearly every day? |
|  | 6 | During this period, did you lose your appetite? |
|  | 7 | Did you notice any slowing down in your thinking? |
| Set B | 8 | Did you notice any problems falling asleep? |
|  | 9 | Did you notice any problems waking up too early? |
|  | 10 | During this period, did you have any difficulties concentrating; for example, listening to others, working, watching TV, listening to the radio? |
|  | 11 | Did you notice any slowing down in your moving around? |
|  | 12 | During this period, did you feel anxious and worried most days? |
|  | 13 | During this period, were you so restless or jittery nearly every day that you paced up and down and couldn’t sit still? |
|  | 14 | During this period, did you feel negative about yourself or like you had lost confidence? |
|  | 15 | Did you frequently feel hopeless - that there was no way to improve things? |
|  | 16 | During this period, did your interest in sex decrease? |
|  | 17 | Did you think of death, or wish you were dead? |
|  | 18 | During this period, did you ever try to end your life? |